

臺中市政府衛生局 函

地址：420206臺中市豐原區中興路136號
承辦人：約用人員 何奕萱
電話：04-25265394#3357
電子信箱：hbtc02140@taichung.gov.tw

受文者：臺中市營養師公會

發文日期：中華民國113年9月24日
發文字號：中市衛保字第1130126191號
速別：普通件
密等及解密條件或保密期限：
附件：如說明三 (387140000I_1130126191_ATTACH1.pdf、
387140000I_1130126191_ATTACH2.pdf)

主旨：函轉財團法人國家衛生研究院研討會資訊，該院之高齡醫學暨健康福祉研究中心將於113年11月8日至9日辦理「2024 健康老化與營養國際研討會 (International Conference for Healthy Aging and Nutrition)」，並徵求口頭/海報形式之論文發表，請惠予協助周知，請查照。

說明：

- 一、依據衛生福利部國民健康署113年9月16日國健社字第1130109929號函辦理。
- 二、全球正面臨人口老化帶來的重大挑戰，營養則是老化過程中的重要關鍵因素，為瞭解營養對老化過程的影響，財團法人國家衛生研究院邀請各國知名學者和臺灣相關學術機構及醫療中心之教授和醫師一同討論並促進知識交流，期可因應全球老化所帶來的多方挑戰。
- 三、旨揭研討會辦理資訊如下（議程詳見附件1）：
(一)活動時間：113年11月8至9日（星期五、六）。



(二)活動地點：財團法人國家衛生研究院竹南院區，國際會議廳。（地址：苗栗縣竹南鎮科研路35號，圖資大樓1樓）

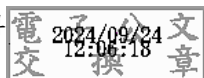
(三)報名人數：350名。

(四)報名期間：即日起至報名人數額滿為止。

(五)口頭/海報型式之論文發表敬請參考附件2，亦可詳研討會網站 (<https://2024icha.nhri.edu.tw/Slideshow>)。

正本：臺中市營養師公會、中國醫藥大學、中山醫學大學、亞洲大學、靜宜大學、弘光科技大學

副本：本局保健科



International Conference for Healthy Aging and Nutrition

Date: November 08-09, 2024

Venue: International Conference Hall, Zhunan Campus, National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan



< Day 1: Fri. Nov. 08, 2024 >

| Time | Topic | Speaker |
|--|---|--|
| 09:30 - 10:00 | Welcome Speech | |
| | Time for Photos | |
| Keynote Speech (1) | Moderator: | |
| | Wei J. Chen (陳為堅) Vice President, National Health Research Institutes, Taiwan  | |
| 10:00 - 11:00 | Appetite in the Context of the Integrated Care for Older People Program: Data from the Toulouse Real-life Implementation | Philippe de Souto Barreto Professor, Université Paul Sabatier Toulouse 3, Toulouse University Hospital, IHU HealthAge, France  |
| 11:00 - 13:00 | Oral and Poster Competition / Lunch | |
| Session I Nutrition Interventions for Geriatric syndrome | Moderators: | |
| | Hidenori Arai (荒井 秀典) President, National Center for Geriatric and Gerontology, Japan  | |
| | | Ching jang Huang (黃青真) Professor Emeritus, Department of Biochemical Science & Technology, College of Life Science, National Taiwan University, Taiwan  |
| 13:00 - 13:30 | Nutritional interventions for the prevention and management of sarcopenic obesity: An evidence-based approach | Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore  |
| 13:30 - 14:00 | Nutritional Interventions in the Community to Reverse Frailty: A Proven Model in Bangkok | Prasert Assantachai President, Thai Society of Gerontology and Geriatric Medicine, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand.  |
| 14:00 - 14:30 | Optimizing Diet and Nutrition for the Prevention and Management of Geriatric Syndromes: Insights from Taiwan | Wen-Harn Pan (潘文涵) Professor, School of Public Health and School of Nutrition, Taipei Medical University, Taiwan  |
| 14:30 - 14:50 | Q&A | |
| 14:50 - 15:10 | Break | |
| Session II Diets and Healthy Aging: Evidences from Cohort Studies in Asia | Moderators: | |
| | Kuo-Chin Huang (黃國晉) Vice Superintendent, National Taiwan University Hospital, Taiwan  | |
| | | Hung-Yi Chiou (邱弘毅) Director, Institute of Population Health Sciences, National Health Research Institutes, Taiwan  |
| 15:10 - 15:40 | Healthy Diet for Better Well-being: How to Apply the NILS-LSA Cohort Study to the Community | Rei Otsuka (大塚 礼) Professor, National Center for Geriatrics and Gerontology, Japan  |
| 15:40 - 16:10 | Interleukin-6 Trans-Signaling, Autonomic Function and Change in Physical Performance in Older Adults - A Window of Opportunity for Dietary Modulation? | I-Chien Wu (吳易謙) Assistant Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan  |
| 16:10 - 16:40 | Nutrition and Cognitive Impairment in the Taiwan Initiative for Geriatric Epidemiological Research (TIGER): A 14-Year Cohort Study | Yen-Ching Chen (程蘊菁) Professor, Institute of Epidemiology and Preventive Medicine, National Taiwan University, Taiwan  |
| 16:40 - 17:10 | Plant-based Diets and Healthy Aging – the Tzu Chi Health Study | Tina H. T. Chiu (邱雪婷) Associate Investigator, National Center for Geriatric and Welfare Research, National Health Research Institutes, Taiwan  |
| 17:10 - 17:30 | Q&A | |
| 17:30 - | Welcome Dinner Party | |

< Day 2: Sat. Nov.09, 2024 >

| Time | Topic | Speaker |
|--|---|--|
| Keynote Speech (2) | | Moderator: Cheng-Chieh Lin (林正介) Vice President, China Medical University, Taiwan  |
| 09:30 - 10:30 | Screening for (Mal)nutrition Risk to Improve the Health of Older Adults from Community to Hospital Settings, Best Practices and Lessons Learned | Heather Keller Professor, Schlegel-UW Research Institute for Aging and Department of Kinesiology & Health Sciences, University of Waterloo, Canada  |
| 10:30 - 10:45 | Tea Break | |
| Session III From Basic to Clinical Application | | Moderators: Wayne Huey-Herng Sheu (許惠恒) Vice President, National Health Research Institutes, Taiwan  Yi-Ching Yang (楊宜青) Director, Department of Geriatric and Gerontology, National Cheng Kung University Hospital, Taiwan  |
| 10:45 - 11:15 | (TBA) | Richard Kwok Program Director, Population Studies and Genetics Branch, Division of Neuroscience, NIA NIH, United States  |
| 11:15 - 11:45 | Improving Safety for Nutrition & Hydration Delivery with IDDSI: The Myths, The Facts & The Science | Peter Lam Chairperson & CEO, International Dysphagia Diet Standardization Initiative, Canada  |
| 11:45 - 12:15 | An Observational Study Assessing the Impact of Multidisciplinary Team Care and Dietary Counseling on Stroke Patients at Risk of Dysphagia: Experiences from a Medical Center in Southern Taiwan | Meng-Chuan Huang (黃孟娟) Professor, Department of Nutrition & Dietetics, Kaohsiung Medical University Hospital, Taiwan  |
| 12:15 - 12:30 | Q&A | |
| 12:30 - 13:30 | Lunch | |
| Session IV | | Moderators: Meei-Shyuan Lee (李美璇) Professor, Department of Public Health, National Defense Medical Center, Taiwan  Shih-Yi Lin (林時逸) Director, Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan  |
| 13:30 - 14:00 | (TBA) | Noriko Satoh-Asahara (浅原 哲子) Director, Kyoto Medical Center, Japan  |
| 14:00 - 14:30 | The Role of Oral Health in the Association of Nutritional Status and Frailty: Experience from the HALST Study | Shu-Chun Chuang (莊淑鈞) Associate Investigator, Institute of Population Health Science, National Health Research Institute, Taiwan  |
| 14:30 - 15:00 | A Modifiable Healthy Ageing Nutrition Index (HANI) Predicts Longevity in Older Taiwanese | Yi-Chen Huang (黃怡真) Associate Professor, Department of Nutrition, China Medical University, Taiwan  |
| 15:00 - 15:15 | Q&A | |
| 15:15 - 15:30 | Break | |
| Session V Cardiometabolic Risks and Behavior Modification | | Moderators: Ding-Cheng Chan (詹鼎正) Superintendent, National Taiwan University Hospital Bei-Hu Branch, Taiwan  Yi-Chia Huang (黃怡嘉) Professor, Department of Nutrition, Chung-Shan Medical University, Taiwan  |
| 15:30 - 16:00 | Prospective Association of the Portfolio Diet with All-Cause and Cause-Specific Mortality Risk in the Mr. OS and Ms. OS Study | Kenneth Ka-hei Lo (羅家禧) Assistant Professor, Department of Food Science and Nutrition, The Hong Kong Polytechnic University, Hong Kong  |

| | | |
|---------------|--|--|
| 16:00 - 16:30 | The Associations of Body Weight and Weight Change for Mortality Risk, Cardiometabolic Disorders Controls, and Physical/Mental Function Decline in an Older Adult Population: Trade-off between Risks and Benefits. | Shao-Yuan Chuang (莊紹源) Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan  |
| 16:30 - 17:00 | Nutrition and Self-management Behaviors on Healthy Aging in Community-dwelling Older Adults: Evidence in National Longitudinal Population-based Cohort Studies | Wen-Chun Liao (廖玟君) Professor, School of Nursing, China Medical University, Taiwan  |
| 17:00 - 17:15 | Q&A | |
| 17:15 - 17:30 | Award and Closing Remark | |

2024 International Conference for Healthy Aging and Nutrition

We invite abstracts (in English, no more than 300 words) for oral or poster presentations that explore topics in nutrition and healthy aging.

- Upon submission, participants may choose the category for competition:
 - Basic research
 - Clinical care related research
 - Public health related research
 - Due to limited space and time, only limited abstracts may enter oral session. At submission, the author may choose if the abstract should be considered for poster presentation if not selected for oral presentation.
 - As all oral and poster presentations are simultaneous, each delegate could submit ONLY ONE abstract as main presenter.
 - For those who submit multiple abstracts as presenters, only the last abstract submission will be considered.
-

ORAL PRESENTATION

- Oral sessions allow authors to present their research in 10 minutes in English or Mandarin.
 - Awards:
 - First place: \$5000 NTD
 - Second place: \$4000 NTD
 - Third place: \$3000 NTD
-

POSTER PRESENTATION

- A poster presentation allows an author to provide a visual summary of their research. A poster should be prepared in English and should be self-contained and self-explanatory, allowing different viewers to proceed on their own while the author is free to supplement or discuss points raised in enquiry.
 - Maximum poster size: 150cm(W)*90cm(H)
 - Awards:
 - First place: \$3000 NTD
 - Second place: \$2000 NTD
 - Third place: \$1500 NTD
-

SUBMISSION FORMAT AND SUBMISSION

- All abstracts should be written in English (300 words maximum) with the following sections: Title of research, Authors and affiliations, Background, Aims, Methods, Results, Conclusion.
 - Deadline: October 18th, 2024, by 12:00 Midnight (Taipei Standard Time Zone)
 - Abstract submission site (same site as Registration): <https://forms.gle/JHRdgg6unyZsDcv37>
-

SELECTION CRITERIA

- Clarity of abstract and alignment with abstract format for the conference
- Implications and significance of the study/project
- Relevance to the conference topics.